



Placement Eligibility, Recruitment & Assessment

Criteria for selecting Counsellors-in-training for Placement

- a) Applicants must be attending a counselling/psychotherapy diploma/degree course which meets at least the minimum training standard of 450 hours theory and skills and at least 100 hours clinical experience by the end of the training.
- b) The applicant must have received at least 20 hours of personal individual therapy prior to starting their placement.
- c) Be an existing member of BACP or UKCP.
- d) Have an active interest in working with victims/survivors of childhood sexual abuse and demonstrate an acute awareness of the complex issues in this area.
- e) Submit to an enhanced DBS check or be registered with the DBS update service.

Selection Process

- a) Applicants should provide a full CV, referee contact details, and complete the application form provided. Applications without a completed application form will be rejected.
- b) The application should include a section for the applicant to demonstrate personal awareness and the journey that led them to undertake Counsellor training.
- c) At least one of the referees must be a current course tutor or director if you are a trainee. Qualified volunteers need to include a reference from a previous placement or counselling role.
- d) In order to secure a placement position, applicants must successfully pass an individual interview which will assess aspects of personal and professional awareness, have a satisfactory DBS certificate and have completed the induction training programme.

Assessment of the Placement

- a) The placement will be subject to continual appraisal between the Trainee Counsellor and the Supervisor. Formal review sessions will be held quarterly.
- b) Upon successful completion of the placement, the Trainee Counsellor will be entitled to use SHE UK as a reference for any future work or training.