



Placement Eligibility, Recruitment & Assessment

Criteria for selecting Counsellors-in-training for Placement

- a) Applicants must be attending a counselling/psychotherapy diploma/degree course which meets at least the minimum training standard of 450 hours theory and skills and at least 100 hours clinical experience by the end of the training.
- b) Have received at least 20 hours of personal individual therapy and a minimum of 40 hours by the end of the training.
- c) Be an existing member of BACP or recognised equivalent.
- d) Have an active interest in working with victims/survivors of childhood sexual abuse and demonstrate an acute awareness of the complex issues in this area.
- e) Be prepared to undergo an enhanced DBS check.

Selection Process

- a) Trainee Counsellor placements are available via our website application process (link). There are a finite amount of placements available but applicants may be placed on a waiting list if they wish.
- b) Applicants should provide a full CV, referee contact details and complete the application form provided. Applications without a completed application form will be rejected. Applicants must also provide evidence of admission with their training organisation and Professional Indemnity Insurance.
- c) The application should include a section for the applicant to demonstrate personal awareness and the journey that led them to undertake Counsellor training.
- d) At least one of the referees must be a current course tutor or director; it is preferable if the other is a current or recent supervisor.
- e) The interview process will include a group activity to demonstrate how the applicant works in a group. e.g. a facilitated case discussion.
- f) In order to secure a placement position, applicants must successfully pass an individual interview which will include aspects of personal and professional awareness.

Assessment of the Placement

- a) The placement will be subject to continual appraisal between the Trainee Counsellor and the Supervisor. Formal review sessions will be held quarterly.
- b) At six months and the end of the placement, written appraisals of the Trainee Counsellor will be submitted by the Supervisor. This will include aspects of the clinical, professional and administrative practice and team working ability.

- c) The Trainee Counsellor will/will not then be deemed to have successfully completed the placement. Should the placement be deemed unsuccessful, an appeals process is available to the Trainee Counsellor.
- d) Upon successful completion of the placement, the Trainee Counsellor will receive a written recommendation regarding their work within S.H.E. UK.